



CHIROPRACTIC MIRACLES

Bringing You The Latest Word In Natural Healthcare
Dr. Louca's Breakthrough Practice Member Newsletter...
Keeping YOU At The Leading Edge In Healthcare

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Dear Patient and Friend,

"April showers (and snow?) bring May flowers"...Yes that's correct and as we enjoy watching the beautiful colors of springtime leaves fill the trees and feel the warmth of summer approaching...

There Has Never Been A Better Time To Pursue A "New Lifestyle" Of Optimal Health, Peak Performance, Ideal Weight, Maximum Vitality, and Positive Attitude!

Louca Chiropractic educates and empowers patients with the most effective and most natural secret to optimal health

"Better health through better living and better lifestyle choices."

Millions of people have been searching for the answer to optimal health and wellness. If this is something you have been searching for, read on...I am about to reveal my closely guarded secrets...

Practicing chiropractic for more than 10 years, I have been at the leading edge in healthcare and I have coached thousands of patients of all ages to accomplish their health goals. Inside this issue I will share with you a wealth of valuable information that is guaranteed to address many of your concerns and answer pressing questions. It will absolutely provide you with all of the tools necessary **to empower you to make the best health choices for you and your family** and guide you on a path to *“optimal health.”*

In fact, when you are finished reading every last bit of this newsletter, if you are not 100% sure that you WILL benefit from living the **“Chiropractic Lifestyle,”** call me immediately and I will personally answer your questions. **So sit back, relax, read carefully and share this valuable information with those you love...**

The Pressure's On...A Hypertension Drug Taken By 28 Million People Is Under Scrutiny - TIME, September 11, 2000

Many patients suffering from high blood pressure were surprised to hear that one of the most popular class of drugs for treating their condition- **calcium channel blockers**- was being blamed for some 85,000 avoidable heart attacks and heart failures a year. Their doctors were less likely to be surprised. They know that these drugs have been under scrutiny for the past five years.

Clinical trials found that the risk of heart attack is 27% greater - and the risk of heart failure is 26% greater - among users of calcium channel blockers than among patients choosing alternative options.

It should shock you that every year thousands of people suffer from doctor prescribed adverse drug reactions and yet, the medical profession continues to prescribe drugs as if they had no long term, negative effect on the human body. **As you know, drugs simply mask symptoms and inevitably allow the body to slip further into a diseased state.** I hope it is becoming as evident to you as it is to me that drugs are NOT the solution to health and wellness because health comes from within.

APRIL 22, 2003 IS... “EARTH DAY”

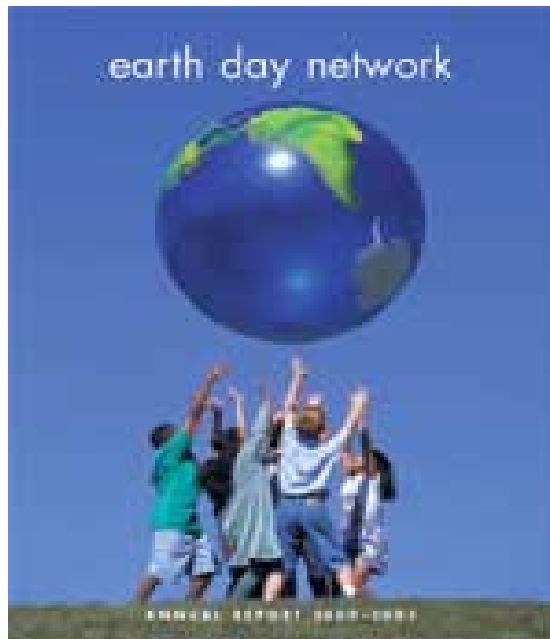
WHO SAYS YOU CAN'T CHANGE THE WORLD?

In Honor Of Earth Day, We Are Celebrating The Week Of April 21st - April 26th

Earth Day is a time to reflect on the inter-relationship between human ecology and global ecology. Therefore, in order to express our concern and commitment to protect the environment as well as our commitment to helping others get healthy, **we will be offering nerve system and postural examinations in exchange for a minimum \$39 donation to Earth Save.**

Earth Save is a national, non-profit organization dedicated to educating people about the powerful effects that our food choices have on our personal health, the environment and all life on earth. They are dedicated to working towards a cleaner and healthier environment for all of us!

This is an excellent opportunity for you to share the chiropractic lifestyle with family, friends and co-workers so that they can begin to live a life of health and vitality. At the same time, you will be helping to save the planet!



Bring your family & friends ... YOU can make a difference!

Exploring common MYTHS about CHIROPRACTIC...

“Chiropractic Care Is Not Necessary For Kids”

FACT...

I take care of many, many children, and their parents report that they are healthier overall, missing less school and being less susceptible to whatever illness is going around. In my experience, this also sets the stage for healthy young adults to establish good health habits into adulthood. And, chiropractic is so safe; even those chiropractors that specialize in pediatrics pay a tiny fraction in malpractice insurance, compared to medical doctors who see the same kinds of patients. The insurance companies pay the claims on injured kids, so I guess they know who is hurting the children and who's not. Make sure you tell your friends and family.

Chiropractic Most Popular, Helpful Wellness Discipline For Arthritis Patients

*The September 21, 1999 issue of The Annals of Internal Medicine reports that **chiropractic is the most popular and by far the most effective of the wellness disciplines for patients suffering from rheumatologic diseases such as arthritis and fibromyalgia.***

In the study, 63% of patients who went to a rheumatologist also took advantage of the wellness disciplines. 31% of those patients tried chiropractic care at least once.

***73% of the patients who began chiropractic care found it useful.** The rest of the wellness disciplines (diet supplements, magnets, etc.) were found helpful by less than 50% of the people who tried them.*

It is no surprise that arthritis patients experience such miraculous results from corrective chiropractic care. **By gently adjusting vertebral subluxations and removing any nerve system interference, your body is able to repair and maintain itself in its healthiest state.** Chiropractic does not treat arthritis or any other disease however, when your nerve system is functioning to its greatest potential, your body has the potential to heal from all diseases, including arthritis.

Chiropractic: Bringing Out The Best In You

Allergies Do Not Necessarily Have To Be a Life Sentence!

Your immune system keeps you 100% natural, organic, unadulterated YOU! It recognizes and destroys anything that's not supposed to be in you: bacteria, virus, pollutants, dust, pollen, drugs, tumors, dead pieces of your own cells, and even artificial hearts and donor organs.

A healthy immune system means high resistance to disease and infection, better ability to deal with stress, and greater health and well-being.

The most common immune system disorder is the allergy. Allergies occur when the immune system overreacts to an allergen (dust, pollen, milk, dog and cat dander, strawberries, etc.) and produces too many neutralizing chemicals to counteract it.

The incidence of allergies is rising all over the world. Yet the cause of this increase remains a mystery to most medical researchers. There is mounting evidence that the cause of this rise is the increasing number of childhood vaccinations.

Orthodox medicine has no cure for allergies, only treatment of symptoms. According to the late Robert Mendelsohn, MD, "You can depend on most doctors to largely ignore the cause...unfortunately, their treatment is often worse than the disease." Antihistamines, the medications often prescribed to treat the symptoms of allergies, can cause serious heart problems.

Allergy sufferers have praised chiropractic care for over a century.

However, chiropractic care is NOT a treatment of allergies. The goal of chiropractic care is to locate and correct a serious type of spine and nerve system stress call the vertebral subluxation. By releasing stress on the nerve system, chiropractic permits the immune system to function more effectively, something all allergy sufferers need. The emphasis on allergies MUST be on building a healthy body, not on trying to use evasive tactics by eliminating all the allergens.

MOVING TOWARD WELLNESS...

The common assumption today is that most doctors treat illness with external forces, such as drugs. **As chiropractors, we see ourselves as health and wellness coaches**, working to help activate your body's ability to heal itself from the inside-out. By gently adjusting the spine and removing interference to the nerve system, your body has the greatest ability to heal naturally. Ironically, the body often doesn't need a lot of help to self-heal, as long as the spine and nerve system are free of interference and stress.

Fortunately, you can do a lot to keep healthy without the side effects and risks of unnecessary drugs. By living the "chiropractic lifestyle" everyday, you will shift your focus from curing illness to encouraging wellness and boost your body's own remarkable ability to heal itself. If you take prescription drugs, do your homework. Get all the information about interactions, side effects, warnings and other potential problems.

Understanding the chiropractic message is very simple. **Everyone has an inner wisdom within them that always knows what the body needs to be perfect. Chiropractors are the only health care specialists that are committed to releasing the perfect power within you by unwinding your nerve system stress. Chiropractic is a lifestyle that someone chooses to do for the rest of their life.**

I ASK YOU?

Do you want to live longer? Are you ready to live a healthier lifestyle? Are you ready to maintain a healthy body and mind?

If you are committed to achieving this health goal, we are here to help you succeed!

I have been studying health trends for over 10 years and I have coached thousands of people to improve their lifestyle, get out of pain, and achieve optimal health. Allow me to coach you to a healthier lifestyle...

CALL TODAY and...

Schedule a one-on-one coaching consultation, so that I may help you to create your optimal lifestyle, help you set and accomplish all of your health goals and help you to feel better and younger than ever before.

This ten-minute consultation will change your life for the next thirty years.

The regular fee for this coaching consultation is \$50.

It is FREE to all active patients as well as all readers of "Chiropractic Miracles" during the month of April.

CHIROPRACTIC MIRACLES

I took my daughter, Stephanie, to Dr Louca 5 years ago when she was 9 years old and it was such a blessing.

A year prior to visiting Louca Chiropractic our pediatrician stated Stephie was not growing properly with regards to her height and weight for her age. It was recommended that my wife and I take Stephanie to an endocrinologist. After a battery of tests, the doctor suggested that we put our daughter on some thyroid medication. After only a few months of taking this medication we began to notice unhealthy changes in Stephanie's behavior and her school grades began to suffer. In the past Stephanie played soccer and ran with great enthusiasm. Now, she couldn't even ride her bicycle. When we mentioned this to the endocrinologist, he just mentioned to continue with the meds. When my wife and I asked him if there were any other solutions or alternatives, the doctor recommended daily injections of growth hormone. When we researched more into this option, we learned that Stephanie would require injections of this hormone on a daily basis for the next 9 years until she was 18 years old at a cost of \$100.00/day. Along with the serious side effects associated, our family was devastated.

During this horrific time, Dr. Louca was adjusting me. One day I stopped into his office very distressed and confused about this whole dilemma. After explaining Stephanie's health challenge, he seemed very confident that he could help. **I learned that the chiropractic care would allow Stephanie's body to fully express itself in a state of health.** And in doing so, properly heal and function according to her true God-given potential. Dr. Louca recommended a chiropractic care plan for my daughter.

As I look back, I'd like to begin to say that I am very grateful that I was given the guidance to find Dr. Louca. Stephie is growing just right in both her height and weight. She is now 14 years old and she has a wonderful outlook on life, she is off all medications and is not depressed. Stephanie was quickly able to return to playing soccer, running and riding her bike.

Both Stephanie and our other daughter are now under Chiropractic Wellness Care. They love being adjusted, and by the way, they both have better immune systems and have not had bronchitis since beginning care.

I encourage everyone to be seen by Dr. Louca. Do it now for Wellness, before you are challenged like we were.
Chiropractic gives you the best opportunity to be as healthy as you could be.

God bless you, Bill G.



...a kind of superintelligence
exists in each of us, infinitely
smarter and possessed of
technical know-how far beyond
our present understanding.

- The Medusa and the Snail, Lewis Thomas, MD,

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